Between the university and the profession. A case example of external professional supervision in Social Work

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The aim of this communication is to present and reflect on the experience of a professional supervision undertaken by external consultants from a Social Work Department of a university in Lisbon, to social workers responsible for the coordination of home care services for the older people in a nonprofit Organization. We adopted a case methodology regarding the design, the development, the strategies of action used and its impact on promoting critical and reflective practice, that enhance personal and professional development to social workers, as well as better outcomes for the organization and, more importantly, for the services users and formal careers.